

FOR IMMEDIATE RELEASE: February 1, 2018 Lake Country

Up Coming Events at the Lake Country Art Gallery

Existential Cafe: Sunday February 11th @2pm at the Lake Country Art Gallery

Come and gather around the campfire for an artist talk with Melany Nugent-Noble and Trent Noble.

Melany and Trent's installation, *third beach*, invites us to ponder the idea of community by activating the gallery as a gathering space, enhancing a sense of warmth comfort and home with a virtual campfire.

third beach is up at the gallery until February 25th.

Lake Country Art Gallery

10356A Bottom Wood Lake Rd

website:lakecountryartgallery.ca

email:

lakecountryartgallery@shaw.ca

tel: 250-766-1299

Gallery Hours:

Wed-Sun 10am-4pm

Call for Submission: Who Are We? A Visual Narrative of Our Community

...is open to everyone of all ages, individual and collaborative works (artwork created by 2 or more individuals) are all welcome, any size, any medium.

Submission dates: February 22, 23 and 24 at the Lake Country Art Gallery during regular gallery hours.

Artwork must be ready to hang with appropriate hardware and clearly labelled with artist(s) name(s). PLUS you will be asked to

complete the following statement:

I believe that the 3 ingredients needed to make up a strong and inclusive community are ... [1....._____/ 2....._____/ 3.....____.]

Each submission can include up to two artworks

Questions? Contact the curator, wandalock@shaw.ca

FIRESIDE COMMUNITY GATHERINGS and ACTIVITIES coming up ...

- **Thursday 8th February 5pm-6pm: Fireside Meditation** and gentle seated Qi-gong exercise with Megan Gerace (by donation, \$10 recommended)
- **Fridays & Saturdays from Feb 2nd : Gentle Fireside Yoga** by the fire; practice with Tonette deVera (by donation, \$10 recommended) - **February 2, 3, 16, 17, 23 and 24 at 4:30pm**
- **Monday February 12th FAMILY DAY Fireside Story-telling and live music** with a cup of hot cocoa - two sessions 11am and 1pm. Brought to you by District of Lake Country in collaboration with LC Art Gallery. Check for more details soon on [DLC website](#) Entry is FREE

For more information contact Wanda Lock, Curator email: wandalock@shaw.ca
tel: 250 864 5597